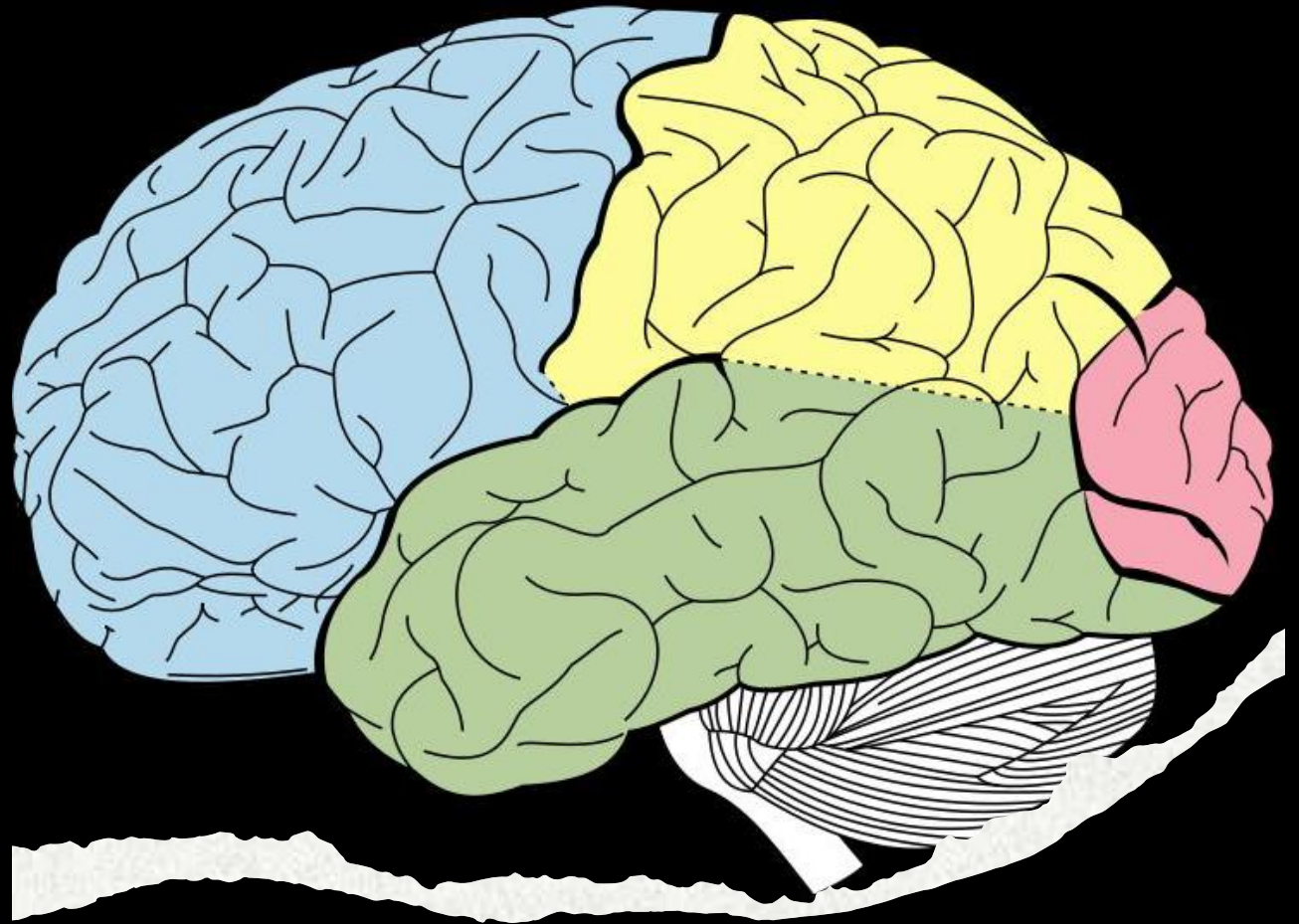
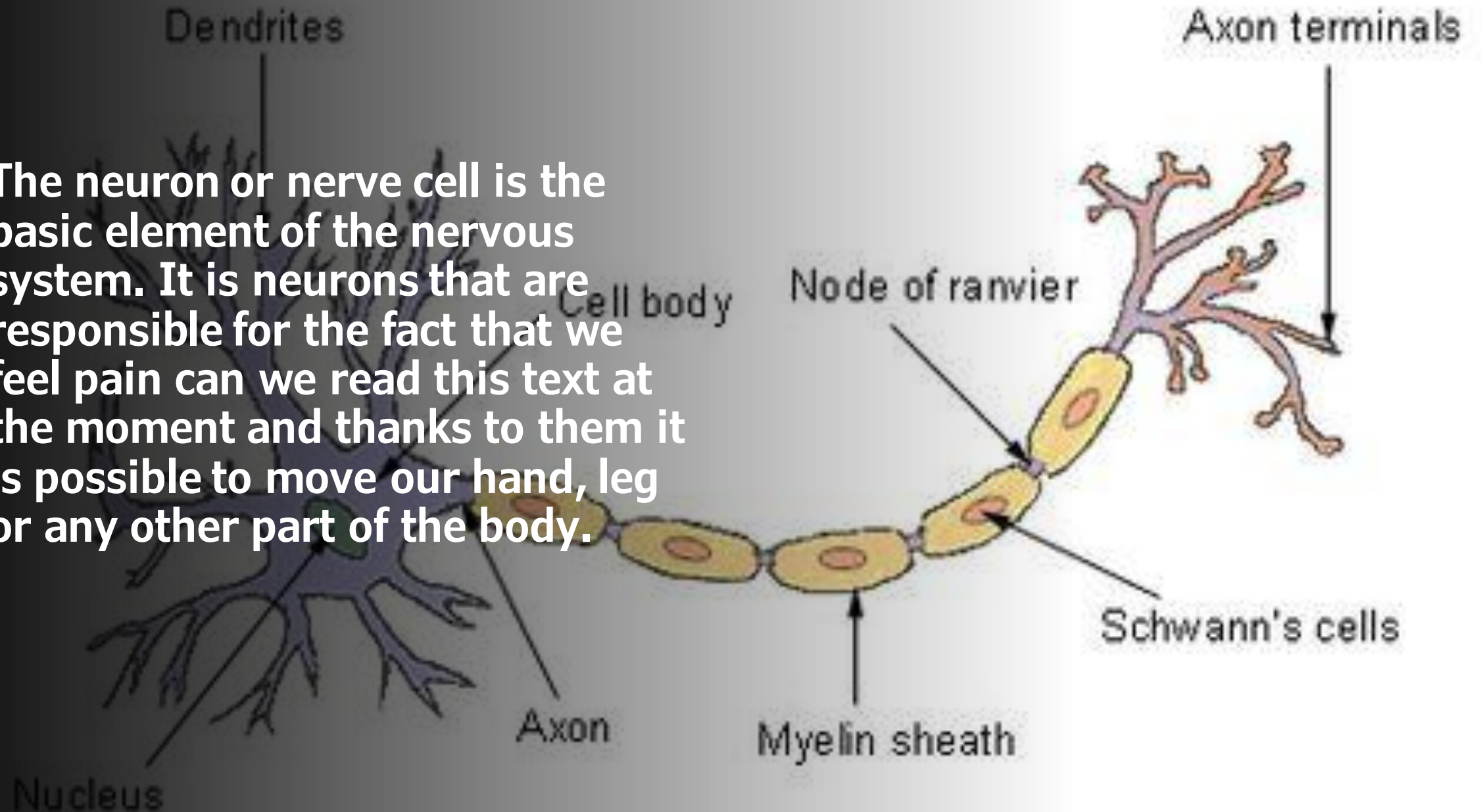


**How do foreign
languages affect
our brain?**

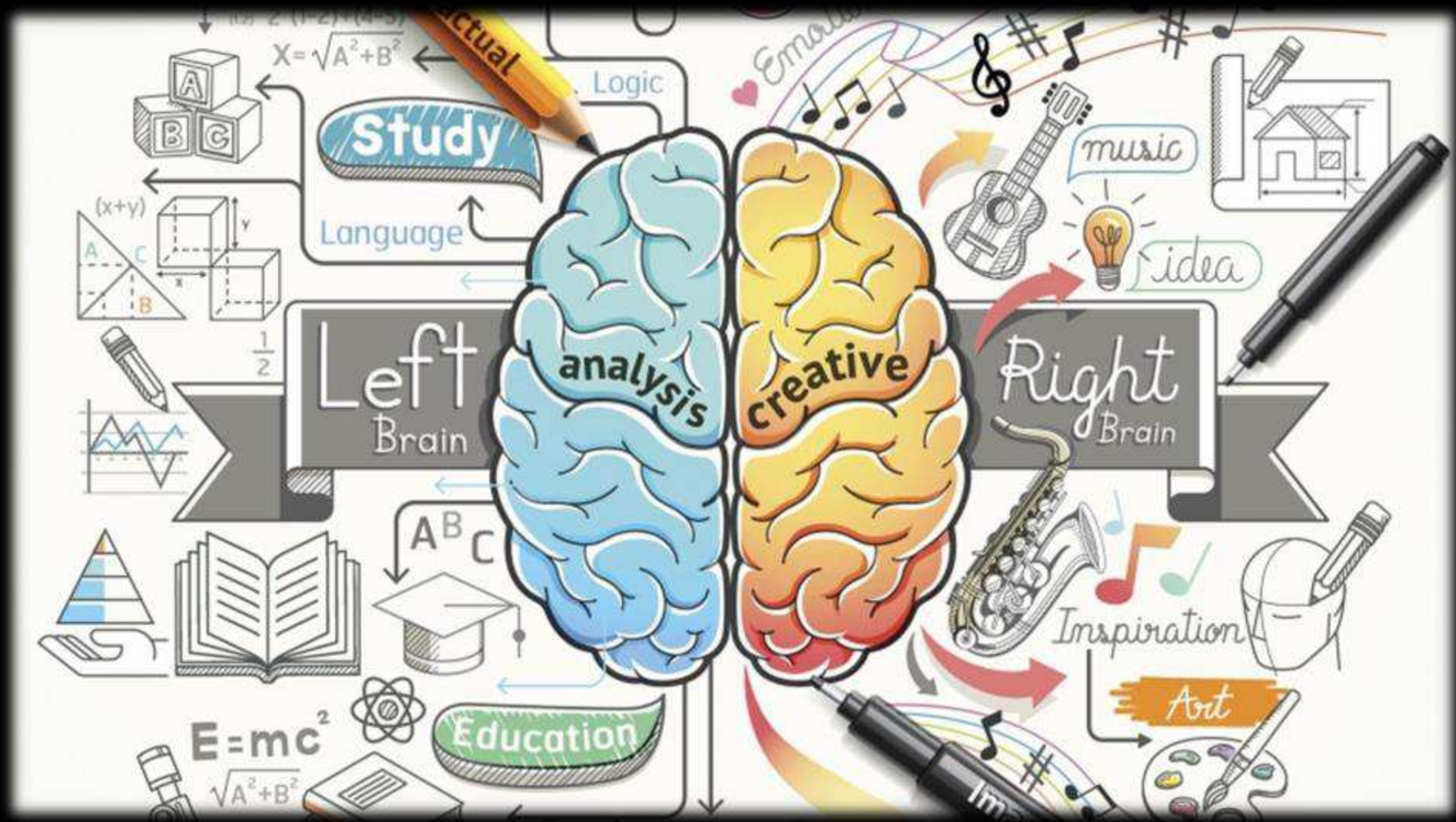


Structure of a Typical Neuron

The neuron or nerve cell is the basic element of the nervous system. It is neurons that are responsible for the fact that we feel pain can we read this text at the moment and thanks to them it is possible to move our hand, leg or any other part of the body.



One of the most efficient way of stimulating our brain is learning for the languages.



Myths about the brain:

- 1. We use 10% of the brain- this is not true. We use the entire resources of the brain. Gray cells work around the clock.
- 2. Aging only brings about a decline in the condition of the brain- Contemporary scientific literature describes aging as a stage of life that brings with it both losses and new values.
- 3. Cells in the brain don't regenerate- If cells in the brain did not regenerate, learning to walk would be the greatest achievement for most of us



AT THE END...

CHECK YOUR BRAIN!

<https://youtu.be/VY0E01G6ZWE>



THANK YOU FOR WATCHING
MY PRESENTATION.

THE PRESENTATION WAS MADE BY AMELIA STASIAK.

References:

- <http://brainbuildermaths.com/left-and-right-brain-learning/>
- <https://www.poradnikzdrowie.pl/zdrowie/anatomia/neuron-budowa-i-funkcje-komorki-nerwowej-aa-zPYp-4U8U-YPjS.html>
- https://justwriteonline.typepad.com/distributed_intelligence/2009/11/learning-to-juggle-helps-your-brain-grow-official.html
- <https://www.komputerswiat.pl/artykuly/redakcyjne/8-mitow-na-temat-mozgu/ymttnv6>
- <https://medium.designit.com/invest-in-brains-e26957b7c334>
- <https://www.sane.org/information-stories/the-sane-blog/wellbeing/do-brain-training-activities-really-work>