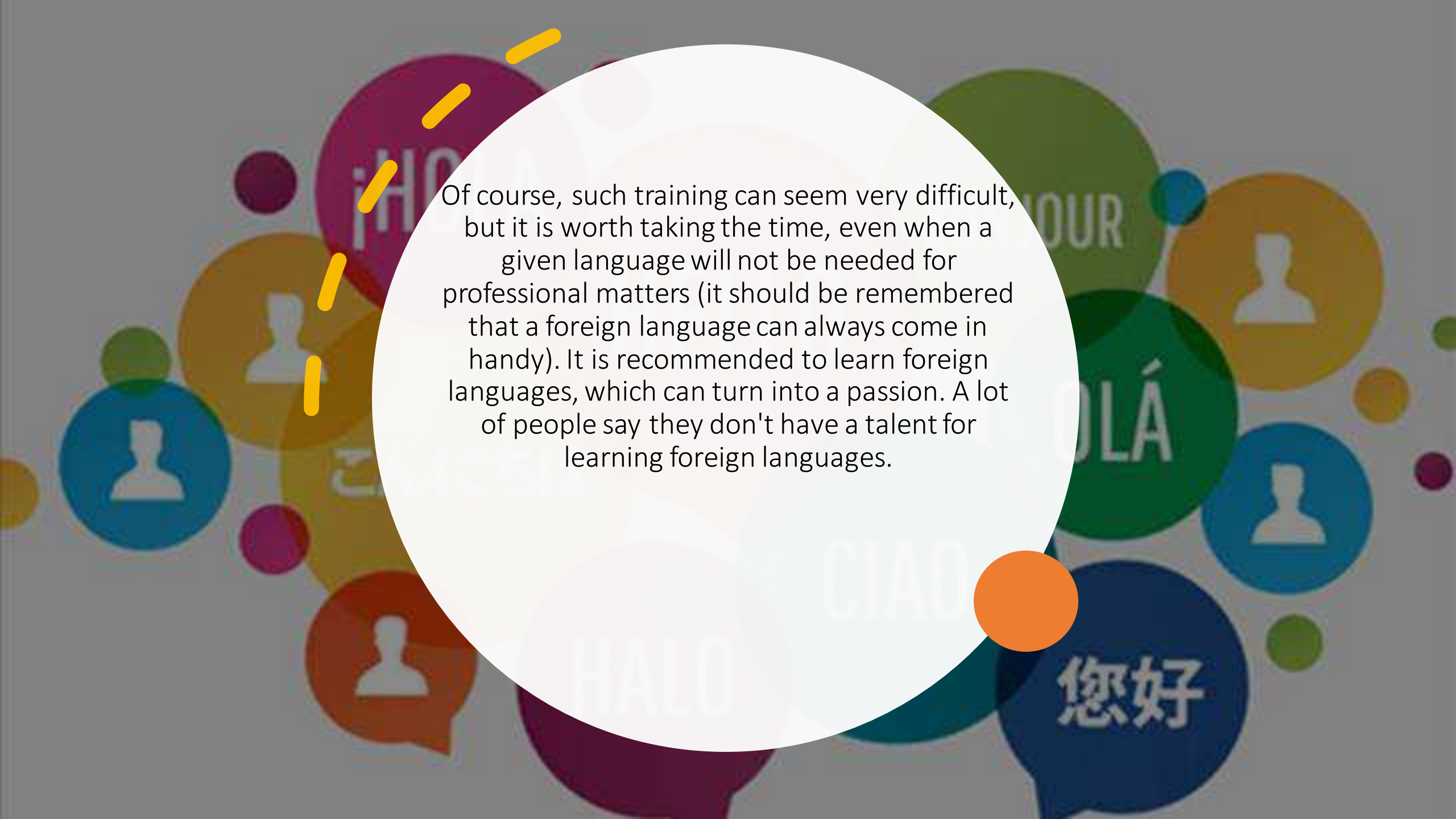
A glowing blue brain with several bright spots of light on its surface, set against a dark blue background. The text "The impact of foreign language learning on the brain" is overlaid in the center in a bold, black, serif font.

# **The impact of foreign language learning on the brain**



One activity that affects brain development is learning foreign languages. It is worth bearing in mind that in addition to the practical, and in the vast majority of cases, the necessary reason for learning foreign languages (e.g. the desire to go to work abroad), it is recommended to develop linguistically primarily for a much better functioning of the brain. It is worth realising that nothing in such a comprehensive way forces the brain to develop like a complete redefinition of all known current notion and the rules that govern it. When you master one foreign language, it is worth imagining learning another, which not only redefines all concepts, but also correlates them with already known.


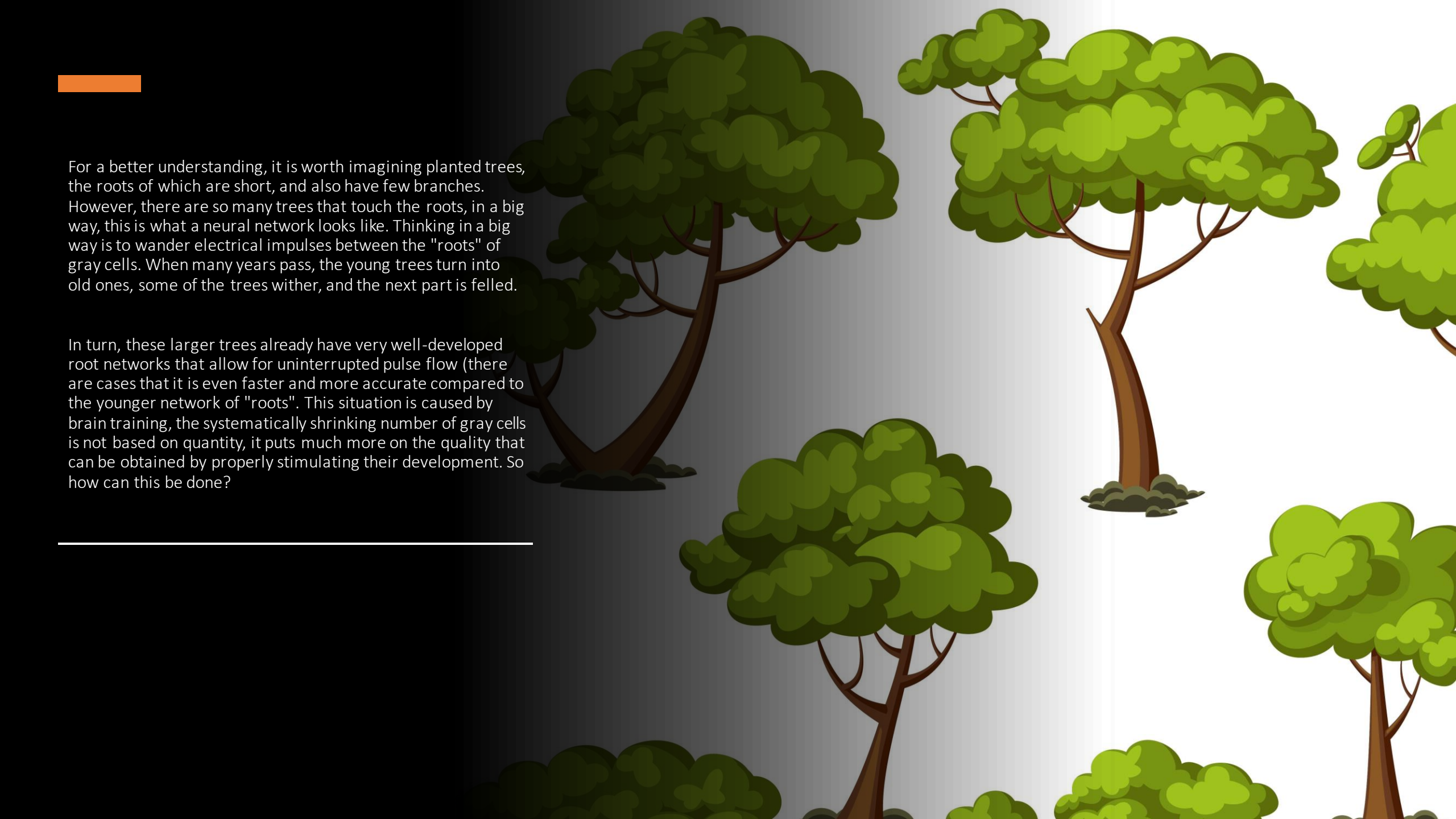


Of course, such training can seem very difficult, but it is worth taking the time, even when a given language will not be needed for professional matters (it should be remembered that a foreign language can always come in handy). It is recommended to learn foreign languages, which can turn into a passion. A lot of people say they don't have a talent for learning foreign languages.






The vast majority of people do not realize that gray cells over time are getting less and less, in case of poisoning or poor diet, a person loses more of them. However, there is no cause for concern, as each person has about 100 billion gray cells. It is worth being aware that gray cells are not reborn, so people may have problems with focus, sclerose (disorders, which are associated with short-term memory) or senile dementia. Any person whose goal is to reach a judge's age should reckon with this. As mentioned above, the brain can be trained, which does not mean that gray cells will rebuild or grow, each time they will develop by themselves, so that you will be able to enjoy the efficiency of the brain for much longer



For a better understanding, it is worth imagining planted trees, the roots of which are short, and also have few branches. However, there are so many trees that touch the roots, in a big way, this is what a neural network looks like. Thinking in a big way is to wander electrical impulses between the "roots" of gray cells. When many years pass, the young trees turn into old ones, some of the trees wither, and the next part is felled.

In turn, these larger trees already have very well-developed root networks that allow for uninterrupted pulse flow (there are cases that it is even faster and more accurate compared to the younger network of "roots"). This situation is caused by brain training, the systematically shrinking number of gray cells is not based on quantity, it puts much more on the quality that can be obtained by properly stimulating their development. So how can this be done?

---



On various online portals you can find not only freelancers, but language schools that conduct individual classes online. In this way, you can choose the tutor who will best suit you when it comes to your approach to learning a foreign language. You can learn at the hours you have chosen, as previously agreed with your teacher. In the event of a hard day or fatigue, it is possible to postpone classes to a more convenient time to make the most of the time. In the case of fixed schools, it is very often mandatory to pay fees on a monthly basis, which means that people do not always work effectively on them.

---

Internet





Thank you for watching, and  
from here I drew information

---

<https://charaktery.eu/artykul/wplyw-nauki-jezykow-obcych-na-rozwoj-mozgu>



Made by: Jakub  
Werner